



Sprowston Community
High School

Community Events

Issue 2 – July / August 2010

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Welcome to the second issue of Community Events. This is a new e-newsletter designed to keep our community informed of what takes place outside of normal school hours. Please browse through the following pages and if you have any questions about any articles, or if you would like your club / business to be included in this e-newsletter, please contact the Community Events Coordinator.

Summer Activities

With the summer holidays fast approaching, if you are looking for something to keep the children entertained, or are looking to spend some quality time with your family, look no further than you local school.

Working in partnership with Broadland District Council (Tots2Teens), we are pleased to offer the following activities:

Swimming

- Wednesday 28th July
- Wednesday 4th August
- Wednesday 11th August
- Wednesday 18th August
- Wednesday 25th August

Sessions will run:

- 10am – 11am
- 11am – 12pm
- 12pm – 1pm closed for lunch
- 1pm – 2pm
- 2pm – 3pm



Click on logo above for Summer
Activities at:
Sprowston Community High School

Price for an hour swim:

- **Adult** - £2.50
- With your Broadland Life Card* £2.00
- **Child (under 16)** - £2.00
- With your Broadland Life Card* £1.50
- **Family (2 adults & 2 children)** - £8.00
- With your Broadland Life Card* £6.00

*available free from Broadland District Council, please call 01603 430538.

- Under 16's must be accompanied by an adult.
- There are male, female and disabled changing areas.
- Lockers are coin operated £1 (returnable).
- The pool can take a maximum of 20 swimmers every session.



Roller Skating

Impress your friends with Artistic Roller Skating. Sessions will last approximately 2 hours and will consist of an hour of coaching, followed by an hour of fun skating. All sessions are led by Stalham's Artistic Roller Skating Coach.

- All ages and abilities welcome.
- You will need to bring your own roller skates and plenty of drinks.

* Sessions will run between 10am - 12noon on the following dates: *

- Tuesday 27th July
- Tuesday 3rd August
- Tuesday 10th August
- Tuesday 17th August

Cost

£3 per skater

* Sessions MUST be booked in advance. *



For more information on the above activities, contact the Community Events Coordinator on **07887 560021** or **01603 487895**.

New Swimming Club

We are pleased to welcome Norwich Swan Swimming Club to our school community, who will be offering a Summer Swim School for children aged 4 years and above; further information below:

Swan Summer Swim

Beginners to improvers (Improvers are children who can swim at least 15m)

10 x 30 minute lessons

2nd August 2010 - 13th August 2010

For a ten day swimming course: £25

Regular sessions will commence on a Friday evening from September.

For more information please contact Michael Stowers on 01603 478315 or 07736452928.

michael.stowers@live.co.uk

Adult Education



In September we welcome back Adult Education in which there will be a full and varied range of courses and classes on offer. Please click on the link below which will shortly be advertising the courses starting in September 2010.

<http://www.sprowstonhigh.org/cms/adult-education.html>

How to Book

To book facilities or for general enquiries contact us by:

Email: bookings@sprowstonhigh.org

Call 07887560021 or 01603 487895

To check availability of facilities click on the link below:

<http://www.sprowstonhigh.org/communitybooking>

Be sure to check out our 'Community Engagement' section on our school website.

In the meantime if you have any questions about this e-newsletter or community events in general, please do not hesitate to contact us.

Many Thanks
Malcolm Johnston
(Community Events Coordinator)