



Sprowston Community
High School

Community Events

Issue 12 – October / November 2011

Highlights of Issue 12

Community
Learning
Open Evening

New Club @
SCHS

Winter
Workshops

Community Learning Open Evening

On Wednesday 9th November 2011 we would like to invite you to attend our '**Community Learning Open Evening**'. This will take place between **7pm – 9pm** in the **Main Hall**. The purpose of the evening is to launch our new '**Community Learning Programme**', which provides you with opportunities to learn new skills, or quite simply make some new friends. You will be able to meet with some of the tutors, view our facilities and enrol on courses.

Refreshments will also be on sale.

The launch of our '**Community Learning Programme**' arrives just before Christmas so we have put together a programme of '**Winter Workshops**' (details of which can be found on the next page). Here you will have the opportunity to take part in a variety of workshops from; sugar craft to festive wreath making, CSI events to business skills, first aid to cooking.

Course bookings will be taken on a first come, first served basis. Further details on how to book and more detailed information on individual courses will be available on the school's website and at our '**Community Open Evening**' event.

Visit: www.sprowstonhigh.org

Call: 01603 487895 / 07887560021

Email: bookings@sprowstonhigh.org



New Club @ SCHS

We are pleased to welcome a new club to our site which will start on Thursday 10th November 2011. **Fitness Ballet Norwich** is a group exercise to music class, incorporating ballet movements to the beat of contemporary music. Classes cost £5 per class for 10 sessions if pre-booked, or £5.50 '**pay as you go**'. All levels of fitness are welcome. The capacity of the dance studio is limited, so places are offered on a first come, first served basis - either pre book, or arrive early to avoid disappointment. No ballet experience necessary. For further information call Amber on: 07956 124 836 or email: amberlinderdavis@gmail.com



Winter Workshops

Course	Code	Day	Start Date	Times	No. of Weeks	Cost	Book With
Cookery Italian	G007NA11E	Saturday	12/11/11	10:00am-4:00pm	1	£33	Ad Ed
This one day workshop will give the opportunity to prepare and try out a small selection of delicious Italian dishes.							
Wired Christmas Cake Decorations	SCHS1101WC	Tuesdays	15/11/11	7:00pm-9:00pm	4	£58	SCHS
Learn how to make handcrafted wired sugar decorations with a Christmas theme. * Minimum age 12 years +							
CSI Evenings	SCHS1102CSI	Thursdays	17/11/11	7:00pm-9:00pm	4	£50	SCHS
Enter the world of Crime Scene Investigation and learn how to solve a crime. * Minimum age 14 years +							
Cookery Chocolate Treats for Christmas	G010NA11E	Saturday	19/11/11	10:00am-4:00pm	1	£33	Ad Ed
Want to get ideas for treats to create with your family. Come and learn how to create your own tasty homemade treats.							
Christmas Wreath Workshop	SCHS1103CW	Saturday	26/11/11	10:00am-1:00pm	1	£33	SCHS
Learn how to make your very own traditional Christmas Wreath.* Minimum age 16 years +							
Cupcake Fun	SCHS1104CF	Saturday	26/11/11	2:00pm-4:30pm	1	£20	SCHS
Learn how to make handcrafted sugar cupcake decorations. * Minimum age 8 years +							
Family Cooking	SCHS1109FC	Saturday	26/11/11	9:30am-12:30pm	1	£32	SCHS
Learn how to make festive treats. An extra £10 will be needed for your own ingredients. * Minimum age 5 years +							
Introduction to Self Employment	SCHS1105SE	Saturday	26/11/11	10:00am-1:00pm	1	£18	SCHS
Are you considering starting your own business, then this is for you. Learn the steps involved to becoming self employed.							
Christmas Sugar Decorations	SCHS1106CS	Saturday	10/12/11	10:00am-2:00pm	1	£29	SCHS
Learn how to make handcrafted sugar Christmas decorations. * Minimum age 10 years +							
Cookery Christmas Buffet Bonanza	G013NA11E	Saturday	10/12/11	10:00am-4:00pm	1	£33	Ad Ed
Want to impress your guests at Christmas? Learn how to create tasty finger buffet treats.							
CSI Day	SCHS1107CSI	Saturday	10/12/11	10:00am-4:00pm	1	£40	SCHS
Enter the world of Crime Scene Investigation and learn how to solve a crime. * Minimum age 14 years +							
Emergency First Aid at Work EFAW	SCHS1108FA	Saturday	10/12/11	10:00am-5:00pm	1	£36	SCHS
This course covers basic techniques of first aid. Students completing the course will receive a certificate (valid for 3 years).							

* All courses are for those aged 18 years + unless stated otherwise. For courses allowing persons less than 18 years of age, they must be accompanied by an adult. More information and details on how to book can be found on the school's website: www.sprowstonhigh.org or by calling: 01603 487895 or 07887560021.