



Sprowston Community
High School

Community Events

Issue 5 – December 2010

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2011

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Welcome to the fifth issue of Community Events and the last issue of 2010. This is an e-newsletter designed to keep our community informed of what takes place outside of normal school hours. Please browse through the following pages and if you have any questions about any articles, or if you would like your club / business to be included in this e-newsletter, please contact the Community Events Coordinator.

Merry Christmas

On behalf of all at Sprowston Community High School, may I take this opportunity to wish you all a very Merry Christmas and a Happy New Year.

2011

So what's coming up in the New Year at Sprowston Community High School? This year has seen a host of new clubs welcomed to our school community and we hope that these clubs will continue in the New Year. We are also currently dealing with several enquiries from new clubs looking to join our community. We will shortly be advertising our clubs / groups with a dedicated tab on our school website. Please be sure to check our website for regular updates on forthcoming events and further information on a whole host of clubs and activities that take place at our site.

www.sprowstonhigh.org

VAT Increase

As you are no doubt aware VAT will be increasing from 17.5% to 20% on the 4th January 2011. All our prices quoted exclude VAT unless stated otherwise. Where our prices include VAT, such as for the Pay As You Go activities, we will



**Merry Christmas from
Sprowston Community High School**

be keeping these prices fixed until the 1st April 2011, at which time they will be reviewed. An example of our current Pay As You Go activities and prices are given below:

- Badminton Court - £5
- Swimming (Adult) - £2.50
- Swimming (Under 16) - £2
- Family Swim (2A + 2 U16) - £8
- Fitness Suite (Adult) - £3
- Fitness Suite (Under 16) - £2
- Fitness Suite Induction (Adult) - £7
- Fitness Suite Induction (U16) - £3.50

Prices given above are per hour
Monday – Friday.

Different rates apply for weekends.
Please see full price lists for more
details.

Visit:

<http://www.sprowstonhigh.org/cms/facilities-hire.html>



**Broadland Tots2Teens
Christmas Activity**

Do you live or go to school in the Broadland area and are aged between 5 to 12 years old? If so and you are looking for something to do this Christmas, why not try a Fun Zone?

Fun Zones start at 9:30am and finish at 3:30pm

Venue - Sprowston Community High School (NR7 8NE)

Date - Monday 20th December 2010

Workshop - Christmas Cards & Crafts

Cost - £12

Outline of the Day:

9:30am – 10am - Sign in, settling in period

10am – 12pm - Craft or Workshop (please see individual date for details)

12pm – 12:30pm - Lunch with quiet games

12:30pm – 1pm - Play

1pm – 3pm - Craft or Workshop (please see individual date for details)

3pm – 3:30pm - Play with circle games to finish

Please bring a packed lunch and plenty of drinks. Please do not bring any electronic games or mobiles to the sessions.

For further information, to register or book, please call **01603 430538** or click on the logo below:



National Family Week 2011



Sprowston Community High School has once again been selected as a large partner event, 1 of only 10 in the UK, to host a National Family Week event during May Half Term – Monday 30th May – Sunday 5th June 2011.

If you are a club, group, business or individual and you have any ideas for our event or would like to get involved, please let us know.

We welcome any suggestions to help make this a truly magnificent family event.

Call: 01603 487895 or 07887560021

Alternatively email:
bookings@sprowstonhigh.org

How to Book

To book facilities or for general enquiries contact us by:

Email: bookings@sprowstonhigh.org

Call 07887560021 or 01603 487895

To check availability of facilities click on the link below:

<http://www.sprowstonhigh.org/communitybooking>

Be sure to check out our 'Community Engagement' section on our school website.

In the meantime if you have any questions about this e-newsletter or community events in general, please do not hesitate to contact us.

Many Thanks
Malcolm Johnston
(Community Events Coordinator)