



Sprowston Community
High School

Community Events

Issue 10 – July / August 2011

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New Class

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Community Survey

Welcome to the tenth issue of Community Events. This is an e-newsletter designed to keep our community informed of what takes place outside of normal school hours. Please browse through the following pages and if you have any questions about any articles, or if you would like your club / business to be included in this e-newsletter, please contact the Community Events Coordinator.

New Class

In March we informed you about a new Zumba Fitness class at our school which takes place on Tuesdays between 6:30pm-7:30pm. Due to high demand and popularity, we are pleased to report that another Zumba Fitness class has been added to a Saturday morning between 10:15am-11:15am.



For more information on this and many more clubs at our school, simply click on the following link:

<http://www.sprowstonhigh.org/cms/clubs-schs.html>

Looking Ahead

September signifies the start of a new school year and with that comes some exciting new developments. We are currently in the process of setting up a Lifelong Learning Programme which is why we are asking your opinion on what you would like to see run at our school. Please complete and return the survey



**CLICK ON THE LOGO FOR
SOME GREAT SUMMER
HOLIDAY ACTIVITIES!**

over page to help with this process and be sure to check out our website for a new and exciting range of activities and courses that will be starting soon.

Community Survey

Sprowston Community High School is pleased to open its doors to the community and when not in use by students, our facilities are available for hire and are home to a large number of clubs / groups. Many of these are open to you. We would like to offer more during 2011 and need your input. Please could you take just a couple of minutes completing the survey over page? We have given a small selection of potential courses / activities that we would be able to run at our school, but would like to know your thoughts. Feel free to add any comments, or suggest a class / course that we might not have mentioned. All replies received by the 1st September 2011 will be entered in to our FREE PRIZE DRAW for the chance of winning a £50 shopping voucher, kindly donated by Chapelfield Shopping Centre. If you would like to discuss your ideas further then feel free to call: 01603 487895 or 07887560021. We look forward to hearing from you. Malcolm Johnston (Community Events Coordinator)

Simply tick your preferred choices from the lists below. Feel free to add any specific areas that we may not have covered. If you have any other suggestions or comments, please let us know. Please return this form using the details over page.

Course / Activity	Day	Evening	Weekend
Sports & Leisure			
Yoga			
Pilates			
Swimming			
Badminton			
Fitness Club			
Aerobics			
Zumba			
Other Please State Below:			
Arts & Crafts			
Pottery Painting			
Cake Decorating			
Flower Arranging			
Art – Painting & Drawing			
Other Please State Below:			
IT Courses			
Internet / Email			
Website Design			
Microsoft Word / Excel			
Other Please State Below:			

Course / Activity	Day	Evening	Weekend
Cookery Courses			
Indian			
Mexican			
Chinese			
Other Please state below:			
Adult Education			
Maths Skills			
English Skills			
Parent Skills / Support			
First Aid			
Other Please State Below:			
Other Courses			
Nutrition & Weight Management			
Genealogy			
Singing / Choir			
Dancing e.g. Salsa, Ballroom etc			
Book Club			
Other Please State Below:			

Name:	
Contact Number:	
Email:	