

# EXTRA - CURRICULAR PROGRAMME (SEPT - DEC 09)

		GYM	SPORTSHALL	FITNESS SUITE	POOL	OUTDOOR
MONDAY	LUNCH	Gym/Dance - All age groups	Netball - Y10/Y11			
	AFTER SCHOOL				Partnership Swimming	
TUESDAY	LUNCH	Boys Basketball - Y7/Y8	Girls Basketball - Y10/Y11			Rugby - Y7/Y8/Y9
	AFTER SCHOOL					Rugby - Y10/Y11
WEDNESDAY	LUNCH		Boys Basketball - Y9/Y10	Girls fitness session - Y10/Y11		Netball - Y9
	AFTER SCHOOL	Partnership Karate				Girls Football - Y10/Y11
THURSDAY	LUNCH		Volleyball - Y10/Y11	Open fitness session - Y10/Y11		Netball - Y7/Y8
	AFTER SCHOOL					Girls Football - Y7/Y8/Y9
FRIDAY	LUNCH	Climbing - All age groups	Badminton - Y10/Y11			
	AFTER SCHOOL	Partnership Trampolining	Partnership Badminton			