



Food for Life Catering Mark

Fresh food you can trust

Edwards & Blake your catering provider have achieved the bronze Food for Life Catering Mark- a unique guarantee from the Soil Association that our food is fresh, free from controversial additives and better for animal welfare.

The bronze Catering Mark guarantees that:

- ❖ **Our food is fresh, with more that 75% of our meals made from scratch in our kitchen or in the case of a feeder school in a local school kitchen.**
- ❖ **All our fresh meat is UK sourced and comes to our local butchers from farms that have good standards of animal welfare.**
- ❖ **Our menus are seasonal, with as much local produce used where possible.**
- ❖ **All of our food is free from undesirable e-numbers that have been linked to behavioural issues and concentration problems in schools.**
- ❖ **Our food is free from controversial additives like aspartame, tartrazine and MSG.**
- ❖ **All of our food is free from trans fats.**
- ❖ **We don't use any GM ingredients.**
- ❖ **All of our eggs come from cage-free hens with the majority of our schools serving free range eggs**

The catering award demonstrates to parents and schools that we deliver menus using fresh, seasonal, local products, using high welfare meat and sustainable fish.

The Kitchen team are proud of the food and service we provide and are happy to answer any questions on the Food for Life catering award.

